

# Glaucoma

Glaucoma is an eye disease which slowly destroys the optic nerve at the back of the eye. In some cases it may move rapidly. It is usually caused by increased pressure inside the eye though it may be caused by poor blood supply or a weakness of the optic nerve. Over 300,000 Australians have glaucoma. It is more common as we age but it can occur at any age.

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Glaucoma is known as the "sneak thief of sight" as the symptoms are often not noticeable until damage to the eye has already occurred. In fact 50% of Australians with glaucoma are undiagnosed. Therefore it is important to have regular eye examinations which include a pressure measurement. This is especially so if a family member has glaucoma as this increases one's risk.

More information

For more information on glaucoma or any other disorder of the eye, contact Eyecare Plus Optometrist Clifton Beach on (07) 4059 1444 [or click here to request an appointment online](#).